

Prayer can be frustrating, confusing, or even intimidating, depending on your background. But

prayer's one of the most important things we can do, and fortunately, Jesus teaches us how

## Message Notes And Highlights

- When it comes to prayer there are still some things we don't know, still some things we've missed.
- One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray..." | Luke 11, v.1
- "And when you pray..." | Matthew 6, v.5
- We should pray regularly, with consistency.
- Prayer isn't about convenience; it's about connection.
- But when you pray, go into your room, close the door and pray to your Father, who is unseen. | Matthew 6, v.6
- You should pray privately.
- The people we're closest with—we don't only speak to them when we need something or when we're in public around other people.
- And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him. | Matthew 6, vv.7-8
- You should pray sincerely. Prayer isn't about informing God; it's about connecting with God.
- Jesus teaches us the kind of prayer that's the difference between the best you can do and what God can do.
- Prayerful people put themselves in a position to experience God's power in their lives.
- When it comes to prayer, keep it simple, keep it real, and keep it up.
- Don't give up praying too soon.





## **Discussion Questions**

- 1. What's your current relationship with or feelings about prayer? Is it something you've been doing frequently or infrequently? Is it something you're comfortable or uncomfortable with?
- 2. If you're newer to prayer, what challenges or questions do you have in praying more or in more depth? If you've been praying for a while, what challenges have you had in keeping it up, or growing in your connection with God through prayer?
- 3. Prayer should be about connection, not convenience. How often do you approach prayer as a way to *connect*? How often is it a matter of convenience (or inconvenience)?
- 4. With prayer, it's best to keep it simple, keep it real, and keep it up. Which of these three areas can you focus on to further pursue the power of prayer in your life?



