

Verses on Vinyl

Psalm 90

WEEK OF MARCH 6, 2022

What am I here for? What is my life for? Am I here for me, or for something else? These are the questions that Psalm 90 helps us wrestle with.

MESSAGE NOTES AND HIGHLIGHTS

- God is a good and perfect heavenly father who wants us to have an accurate perspective on things so that we can make better and wiser decisions.
 - The psalms were meant to be recited, memorized, and repeated to help reorient our thinking around what's true.
 - We should pray, “God, help me see things the way you see things.”
 - Read Psalm 90.
 - Psalm 90 is the oldest psalm and written by Moses.
 - How does God see our time?
 - Psalm 90 reminds us that life is short.
 - What is my life for? What am I for? Why am I here?
 - We discover our purpose when we realize that we were created to be connected to our creator.
 - It's in Christ that we find out who we are and what we're living for. | Ephesians 1, v.11 (MSG)
 - Teach us to number our days, that we may gain a heart of wisdom. | Psalm 90, v.12
 - The question isn't “WHAT am I here for?” The question is, “WHO am I here for?”
 - You have not been created in the image of a WHAT. You have been created for a WHO.
 - If you think your life is for you, then...”Your days may be 70 or 80 years, if your strength endures, yet the best of them are but trouble and sorrow. And they quickly pass, and you will fly away.”
 - If you embrace the truth that you were created to be connected to your Creator, you'll gain a heart of wisdom and have what you need for this life.
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DISCUSSION QUESTIONS

1. When you were younger (and/or less wise), how might you have answered the question, “What am I here for?”
2. A helpful prayer can be, ““God, help me see things the way you see things.” Apply that to a person, circumstance, or area in your life: what might be the difference between how you tend to see it, and how God sees it?
3. “Teach us to number our days, that we may gain a heart of wisdom.” (Psalm 90:12)
Remembering that life is short leads some people to wisdom, and some to foolishness. In your experience, what are some foolish ways to spend the little time we have, and what are some wise ways to spend the little time we have?
4. “It's in Christ that we find out who we are and what we're living for.” (Ephesians 1:11 MSG)
In the light of Christ and how God sees you, how would you answer the question, “Who am I, and what am I here for?”