

WIN THE DAY: TOMORROW STARTS TODAY

Part 2: Choose Your Own Adventure

WEEK OF FEBRUARY 14, 2021

HOW TO BE SINGLE AND THRIVE

This is the real tension of being single—there are things that are awesome about it, and there are things that are so challenging about it. How do we hold that tension well?

MESSAGE NOTES AND HIGHLIGHTS

- There are incredible opportunities and incredible challenges to being single. How do we hold that tension well?
 - **John 10:10** - “The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.”
 - Your fullest life isn’t dependent on or limited by your relationship status. Your fullest life starts today.
 - As we pursue our fullest life today, the pendulum can also swing too far toward “I need everything needs to happen now.”
 - Instead of praying “...as soon as possible,” start praying, “...as long as it takes.”
 - Praying “as long as it takes” is tough, but it lines us up with God’s timing.
 - 3 Practices: Selflessness, Accountability, Purpose
 - The best part of being single is that you can do anything you want. The pitfall is that it makes being selfish easier.
 - The best part of being single is that you don’t have to ask permission to do anything. The pitfall is that you can build a bubble where you justify behaviors that aren’t consistent with your values.
 - When you know your purpose, everything gets better.
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DISCUSSION QUESTIONS

1. Being single can provide some awesome opportunities and some unique challenges. What’s your favorite opportunity it provides you? What’s your greatest challenge?
2. “Your fullest life isn’t dependent on or limited by your relationship status. Your fullest life starts today.” Do you believe that? Why or why not?
3. What difference could it make for you to start praying “as long as it takes” instead of “as soon as possible”?
4. Practicing selflessness, practicing accountability, practicing purpose: which of these do you need the most in your life right now?
5. What are some ways you can practically begin to make these three practices into habits?

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WHAT DOES A HEALTHY MARRIAGE LOOK LIKE?

Marriage is one of the biggest long-term goals out there. What are the habits that can help you build a healthy marriage that will last?

MESSAGE NOTES AND HIGHLIGHTS

- Marriage is the great equalizer. We're all lifelong students.
 - Tips and habits for healthier marriages:
 - Watching tone
 - Believing the best
 - Communicating with finances (and budgeting)
 - Seeking help/support
 - Taking things one day at a time
 - Being intentional in serving and helping each other
 - Praying together.
 - Bringing God into your marriage.
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DISCUSSION QUESTIONS

1. Have you ever thought that you should know more or be better at marriage, only to discover, "I have a lot left to learn"? Is there a specific moment that made you realize that?
2. Who is a role model for you when it comes to marriage, and why?
3. What do you think is the one of the greatest lessons you've learned in your marriage so far?
4. What's still a big challenge or struggle for you in your marriage?
5. What role does prayer play in your marriage? What do you think would change if you prayed for and with your spouse more?
6. What's an intentional practice that you can focus on to better love and serve your spouse?