

WALK IT / TALK IT

Part 4: How to Trust God

WEEK OF March 28, 2021

Trusting someone fully is a lot easier said than done. If we can trust God 100%, what's waiting for us on the other side is so worth it. So how do we learn to trust God like that?

MESSAGE NOTES AND HIGHLIGHTS

- Trust is how you practically and personally apply what you believe.
 - **Luke 9:23-24** - Whoever wants to be my disciple (whoever wants to be a follower of me) must deny themselves and take up their cross daily and follow me. For whoever wants to save their life will lose it, but whoever loses their life for my sake will save it.
 - Jesus says, "If you want to follow me, hop in the wheelbarrow."
 - It's not that God is asking so much OF us. It's that he has so much FOR us.
 - You were meant to trust your heavenly Father.
 - **Matthew 6:27** - Can any one of you by worrying add a single hour to your life?
 - **Matthew 6:33-35** - But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.
 - **Matthew 6:24** - No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.
 - Money makes a great servant, but it's a terrible master.
 - You can't speed up God's plan for your spouse by worrying.
 - God's not going to drop us.
 - **Philippians 4:6-7** - Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
 - Ultimately, trust requires surrendering to God.
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DISCUSSION QUESTIONS

1. Icebreaker: Think about all of the previous jobs you've worked, even as a kid. What were some of your favorite or least favorite ones?
2. Who is someone in the professional world (mechanic, doctor, Chipotle burrito maker, etc.) you trust completely? Why do you trust them? If you can't think of anyone you trust, why don't you trust them?
3. What is an area of your life that's difficult for you to entrust to God completely? Why is that?
4. In Matthew 6, Jesus says, "Can any one of you by worrying add a single hour to your life?" How much does worrying about the future occupy your thoughts? Is there something specific you worry about the most?
5. Jesus follows up that previous question by saying, "Seek first [God's] kingdom and his righteousness, and all these things will be given to you as well." In the area of your life you struggle to trust God fully, what do you think it looks like to seek God's kingdom first, to worry less and trust God more?