

# **MONEY MOVE\$**

## **Part 2: How to Break the Cycle of Worry**

**WEEK OF MAY 16, 2021**

When it comes to money, 95% of us end up in a vicious cycle of discontentment, debt, and worry. Here's how to break free and find a better way to manage your money.

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### **MESSAGE NOTES AND HIGHLIGHTS**

- We're good at giving to some things, sometimes.
  - Generosity is more than random acts of giving.
  - Generosity is pre-deciding that you'll consistently give away a certain percentage of your money to serve God and other people.
  - Generous people don't wait until they're guilted into giving.
  - Generous people don't give because of what they'll get.
  - When you become generous, you'll be happier.
  - When you become generous, you'll break free from the cycle of worry and discontent.
  - When it comes to our money, we wrongly assume that it's all for us to consume.
  - Greed isn't a money problem; it's a heart problem.
  - Generosity has the power to break the back of greed in our life.
  - "The Parable of the Rich Fool" - Luke 12:16-21
  - Generous people know that life doesn't consist in the abundance of their possessions.
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### **DISCUSSION QUESTIONS**

1. "Being generous will make you happier." Do you agree with that statement? Why or why not?
2. Which of these categories of generosity do you relate with the most and why?
  - Giving randomly but not consistently.
  - Giving when you feel guilted into it.
  - Giving but expecting something in return.
3. There could be several issues at the heart of our worries and stress about money. Which of the following do you feel you struggle with the most?
  - Self control
  - Discipline
  - Discontentment
  - Assuming it's all for me to consume
  - Trusting money more than I trust God
4. What's a simple, tangible next step you can take this week when it comes to your money to counteract any worry, discontentment, stress, or greed you're experiencing and to trust God more?