

# Here For It Un-Follow

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When we go through times of transition or temptation or trouble, it can be easy to want to “un-follow” Jesus. It’s in times like these that we have to count the cost.

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## MESSAGE NOTES AND HIGHLIGHTS

- For followers of Jesus, there will be times when you’ll be tempted to un-follow him.
  - Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. For my flesh is real food and my blood is real drink. | John 6, vv.54-55
  - On hearing it, many of his disciples said, “This is a hard teaching. Who can accept it?” | John 6, v.60
  - From this time many of his disciples turned back and no longer followed him. | John 6, v.66
  - “You do not want to leave too, do you?” Jesus asked the Twelve. | John 6, v.67
  - We’re most tempted to un-follow during times of transition, times of temptation, and times of trouble.
  - Sometimes what we doubt isn’t just the existence of God, but the goodness or faithfulness of God. We doubt if God can be trusted.
  - Simon Peter answered him, “Lord, to whom shall we go? | John 6, v.68
  - If we say “no” to Jesus, we say “yes” to something else. Who or what else would you follow?
  - “...You have the words of eternal life. We have come to believe and to know that you are the Holy One of God.” | John 6, v.68-69
  - Following Jesus will cost you something. Refusing to follow Jesus could cost you everything.
  - If you believe that Jesus is the source of life, you can trust that he will do that—bring you life.
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## DISCUSSION QUESTIONS

1. Which of the “three T’s” have presented the most challenges to your faith—times of transition, times of temptation, or times of trouble?
2. We all follow somebody—if not Jesus, it’s something else. At different points in your life, who or what else have you followed other than Jesus? What came as a result of that?
3. What parts of following Jesus or faith do you find bring you life, and in what ways?
4. What reminders are helpful to you in times of transition, temptation, or trouble to continue to trust that the way of Jesus brings life?