Family Matters How to Make Friends Who Are Like Family

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There's family, and there's framily—friends who are like family. Building deep friendships as an adult is easier said than done. Here are some principles to help.

MESSAGE NOTES AND HIGHLIGHTS

- We all need friends who are like family.
- There is no formula to making friends, but we can use wisdom to put ourselves in the best position.
- A friend loves at all times, and a brother is born for a time of adversity. | Proverbs 17, v.17
- A true friend is someone who loves you at your best, at your worst, and everywhere in-between. A true friend sticks around when adversity hits.
- We should be investing our precious time into friends like these.
- A man of many companions may come to ruin, but there is a friend who sticks closer than a brother. | Proverbs 18, v.24 (ESV)
- We can't have deep friendships with everybody. We don't have the capacity to do so.
- Social media cannot be a substitute for deep, close friendship.
- Deep friendship is about quality over quantity.
- The first component to building a deep friendship--put yourself in position.
- "Greater love has no one than this: to lay down one's life for one's friends." | John 15, v.13
- Don't expect great friendships if you're not willing to be a great friend first.
- Great friendships aren't transactional. Great friendships are mutually selfless.
- Being vulnerable is a necessary ingredient to develop deep friendships.
- But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. | 2 Corinthians 12, v.9
- Sharing our weaknesses is how grace and love and closeness get injected into a friendship.
- Great friends are vulnerable with each other. They accept those vulnerabilities, and they reciprocate vulnerability.
- A friendship dies without time. To be a great friend, you need to make time.
- We need to be intentional, selective, and creative in making time for our friendships.
- These deep friendships are what God uses to show us love in flesh and blood.

DISCUSSION QUESTIONS

- 1. What was the easiest time in your life to make really close friends?
- 2. What are some of the qualities of the best, deepest friendships in your life (the ones you've had, have, or want to have)?
- 3. What challenges do you face now in developing deeper friendships?
- 4. In what ways have you seen the following qualities contribute to a friendship: mutual selflessness, vulnerability, and time?
- 5. How can you grow or improve in those three areas with a friend this week?