

That's a Good Question

How to Make Better Decisions and Have Fewer Regrets

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We all like to think we're smart. But here's the thing—smart people do dumb things all the time. How do we make better decisions and have fewer regrets?

MESSAGE NOTES AND HIGHLIGHTS

- Sometimes, smart people do dumb things.
 - From the outside looking in, it's easy to wonder, "Didn't you see this coming?"
 - When it comes to good decision making, don't overlook the power of a good question.
 - Wise people understand that all of life is connected.
 - Wise people know that what they did yesterday impacts their life today, and what they do today will impact their life tomorrow.
 - The prudent see danger and take refuge... | Proverbs 27, v.12
 - The prudent acknowledge what they desperately don't want to see.
 - ...but the simple keep going and suffer harm. | Proverbs 27, v.12
 - Someone who is "simple" lives as if all of life is not connected.
 - You can't change your past, but right now, you can change what your past will be.
 - A prayer—Heavenly Father, help me see trouble coming long before it gets here. Then give me the wisdom to know what to do and the courage to do it.
 - Good questions always lead to better decisions. And better decisions always lead to fewer regrets.
 - The questions we often ask before a decision—Will I enjoy this? Will it hurt me? Will it hurt someone else? Will anyone find out? What will I do if anyone finds out?
 - Through the rest of this series, we want to give you four better questions to help you make better decisions and have fewer regrets.
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DISCUSSION QUESTIONS

1. Hey. You're smart. We know this. Still, smart people do dumb things. What's a dumb thing you've done recently?
2. Wise people understand that all of life is connected. "Simple" people live like it's not. What's one example or one area of life where you've grown in wisdom and your ability to understand how your decisions today affect your life tomorrow?
3. Why do you think we often act like the "simple" people that Proverbs describes, ignoring danger or advice?
4. Don't underestimate the power of a good question to help you make good decisions. Do you have any good questions you or someone else asks to help you make better decisions?