

# Two Truths and a Lie

## Letting Go of Control

**OCTOBER 2, 2022**

We all like to think we're in control, and we try so hard in so many ways to keep control. But true freedom and progress come when we accept an important truth—I am not in Control.

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### MESSAGE NOTES AND HIGHLIGHTS

- There's a myth that many of us believe—I am in Control. I control my destiny, and I need to keep that control.
  - Lower-case “c” control isn't bad. We need self control, for example.
  - The problem is when we think we are in “capital-c” Control—that we're steering that ship, that we can control outcomes.
  - We have choices to make, we have responsibilities, we can make contributions, but...We are not in Control.
  - No matter how you happen to fall short, or fail to measure up, no matter how far or how little you have to go, no matter if things are going really well or really terrible for you right now, God's grace is enough to get us through.
  - Your strengths by themselves don't move the needle as much as when you trust God with your weaknesses.
  - Three times I pleaded with the Lord to take it away from me. But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” | 2 Corinthians 12, vv.8-9
  - Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong. | 2 Corinthians 12, vv.9-10
  - I can contribute. I can't control.
  - Our Father in heaven, hallowed be your name, your kingdom come, your will be done... | Matthew 6, vv.9-10
  - Praying “Your will be done” every day is saying, “I'm surrendering my vision of what needs to happen today, and I'm accepting what God has for me.”
  - What God wants for us is way better than what we think God owes us.
  - Life is like a large river—surrender to God's current. Don't fight the current.
  - Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. | Matthew 11, vv.28-29 (MSG)
  - There is a rhythm of grace that you can begin to learn as you let go of Control.
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### DISCUSSION QUESTIONS

1. In what areas of your life do you find it difficult to let go of “control”? In what areas is it easier for you?
2. How do you respond or react when you can't control a particular outcome or result?
3. God says to the apostle Paul (and to all of us): “My grace is sufficient for you, for my power is made perfect in weakness.” If you were to accept this as true, how might this change your perspective of yourself, your productivity, your relationships?
4. In what specific way might you need to learn to let go of Control and trust God more? In what ways could you benefit from doing that?