

Palm Sunday

Less Hurry—More Love

April 2, 2023

We've all been raised and trained and conditioned in the way of hurry. The more we hurry, the less room we have for the way of Jesus and the way of love.

MESSAGE NOTES AND HIGHLIGHTS

- “A new command I give you: Love one another. As I have loved you, so you must love one another.” | John 13, v.34
 - The point of Holy Week, the point of what Jesus did, the point of all of this...is love.
 - One of the biggest roadblocks to love in our lives is “hurry.”
 - “Hurry and love are incompatible.” | John Mark Comer, *The Ruthless Elimination of Hurry*
 - “...love, joy, and peace are at the heart of all Jesus is trying to grow in the soil of your life. And all three are incompatible with hurry.” | John Mark Comer, *The Ruthless Elimination of Hurry*
 - If you want more love in your life, you need less hurry.
 - Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” | Matthew 26:36
 - He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. | Matthew 26:37
 - The way of hurry wants to always go, always be busy, to distract or numb ourselves.
 - Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.” | Matthew 26:38
 - Unprocessed grief or pain is at the root of so many of our problems.
 - Hurt people hurt people.
 - “And all the beauty stemming from it / We are made of love / And every fracture caused by the lack of love.” | *Sleeping At Last*
 - “Hurry is violence on the soul.” | John Mark Comer, *The Ruthless Elimination of Hurry*
 - Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.” | Matthew 26:39
 - be taken away unless I drink it, may your will be done.” | Matthew 26:42
 - Less hurry = more love.
 - Am I slowing down enough to let love do its work?
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DISCUSSION QUESTIONS

1. In what ways have you been swept up in the “way of hurry”—packed schedule, being on the go, not pausing or resting, distractions, numbing, etc.?
2. “Hurry and love are incompatible.” Do you think this is true? How so?
3. “Unprocessed grief or pain is at the root of so many of our problems.” What happens when you don’t stop to process our pain and stressors? In what ways does unprocessed pain reveal itself in your life?
4. How can you specifically resist the way of hurry and make more room for pause, rest, prayer, and processing? In other words, what can you do to slow down and make more room for love to do its work in your life?