

FUNNY CUZ IT'S TRUE

Judge Not, Unless...

OCTOBER 1, 2023

It's never fun to be on the receiving end of judgment, but ironically, it's so easy for us to do. A key to not becoming a judgmental person is to start with asking: How do I want to be judged?

MESSAGE NOTES AND HIGHLIGHTS

- “Do not judge, or you too will be judged.” | Matthew 7:1
 - Why do religious people judge? Some people judge because they're jealous. Some judge because they're self-righteous.
 - Self-righteous people are rarely self-aware.
 - For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. | Matthew 7:2
 - Do unto others as you would have them do unto you. Judge others as you would have them judge you.
 - How do you want to be judged?
 - Most of us, if we must be judged, want to be judged kindly, mercifully. We want to be trusted, and we want people to be considerate of all of the factors.
 - How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. | Matthew 7:4-5
 - We should learn to judge rightly, which requires the kind of good and delicate work it takes for people to be helped and made whole, not harmed.
 - If you're someone who sizes people up and writes them off, repent.
 - If you're someone who sizes people up and walks away, care enough to confront.
 - If you've been lovingly confronted and refuse to listen...then listen.
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DISCUSSION QUESTIONS

1. Do you find yourself judging other people prematurely or harshly? What kinds of situations cause you to judge people the most?
2. Can you think back to any experiences where you've been judged harshly? What was that like?
3. Jesus teaches us to first take the plank out of our own eye *so that* we can help our brother or sister remove the speck from their eye. What part of this process do you feel needs the most work for you? Removing your plank first? Lovingly confronting someone instead of just walking away?
4. If you had a speck in your eye, how would you want to be confronted? Using that, how can you more lovingly help someone in your life who may need you to say something to them?