FEARLESS What Is Fear Keeping You From?

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The biggest enemy of faith isn't doubt. It's fear. If you want less fear, you'll need to grow in faith.

MESSAGE NOTES AND HIGHLIGHTS

- What is fear keeping you from?
- The fear of things like failure, rejection, confrontation keeps us from the best version of ourselves.
- Doubt is not the opposite of faith—fear is.
- After Mary Magdalene, Mary the mother of James, and Salome discover the empty tomb,
 "they said nothing to anyone because they were too frightened." | Mark 16:8
- Their fear minimized their faith.
- More faith = less fear.
- By faith these people overthrew kingdoms, ruled with justice, and received what God had promised them. They shut the mouths of lions, quenched the flames of fire, and escaped death by the edge of the sword. Their weakness was turned to strength. They became strong in battle and put whole armies to flight. | Hebrews 11:33-34
- How can you grow faith that overcomes fear? Get to know the One in whom you place your faith.
- Invest in growing your faith, and watch your fear diminish.

DISCUSSION QUESTIONS

- 1. What good things has the fear of failure, or rejection, or confrontation kept you from?
- 2. Can you think of a time that your fear has kept you from acting or believing in faith?
- 3. To grow faith that overcomes fear, we need to move closer to the One in whom we place our faith. What is one area you could move toward God even more—scripture, prayer, church, community, etc.?
- 4. What is a specific part of your life you can be praying for more faith and less fear?