

MULLIGAN

Who God Wants You to Become

JANUARY 7, 2024

This is the time of year when we love to set goals—and we usually struggle to make them happen because we have “do” goals instead of “who” goals.

MESSAGE NOTES AND HIGHLIGHTS

- “Our habits make or break us. We become what we repeatedly do.” | Sean Covey
 - Successful people do consistently what others do occasionally.
 - ...I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. | Romans 7: 18-19
 - Thank God! The answer is in Jesus Christ our Lord. | Romans 7:25
 - One reason we struggle to succeed is that we focus on goals, not systems.
 - “You don't rise to the level of your goals, you fall to the level of your systems.” | James Clear
 - The second reason we struggle is that we don't see progress fast enough.
 - Your life is the sum total of all the small decisions you make.
 - It's the things that no one sees that bring results everyone wants.
 - Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. | Galatians 6:9
 - The third reason we struggle is that our distorted identity sabotages our success.
 - Who does God want you to become?
 - Your identity shapes your actions.
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DISCUSSION QUESTIONS

1. What's one new habit you want to start? What's one old habit you want to stop?
2. Read Romans 7:15-25. How much can you relate with the Apostle Paul in this passage?
3. What are three words to describe the person you want to become?
4. What do you think will help you to bridge the gap between who you are and who God wants you to become?