

TREAT YO' SELF

Making the Most of Being Single

APRIL 14, 2024

Being single has its share of benefits as well as challenges. How can you make the most of being single, whether you're here by choice or not?

MESSAGE NOTES AND HIGHLIGHTS

- The second greatest commandment, according to Jesus: “Love your neighbor as yourself.” (Mark 12:31)
 - Your ability to love someone else will always be limited by your ability to love yourself.
 - When it comes to being single or married, with Jesus, there is no “one over the other.”
 - “The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.” | John 10:10
 - Nevertheless, each person should live as a believer in whatever situation the Lord has assigned to them, just as God has called them. | 1 Corinthians 7:17
 - “Ultimately, singleness is not a problem to be solved by marriage, he says; rather, like marriage, it is an opportunity in which to follow Jesus.” | Albert Hsu, *Singles at the Crossroads*
 - You have a full life to be lived and meaningful work to be done here and now.
 - Give yourself the gift of practice.
 - Everything is practice: practice for who you want to be, where you want to be, and even who you want to be with.
 - Give yourself the gift of growth.
 - Don't wait to grow your relationship with God, to heal from wounds, to find what will make you the best version of yourself.
 - Give yourself the gift of financial freedom.
 - Live below your means, learn how to budget, get out of debt, give and save and work toward your goals.
 - Give yourself the gift of service.
 - A full and good life will be measured by how much you poured out to other people.
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DISCUSSION QUESTIONS

1. If you're single, what's the biggest benefit you appreciate about being single? What's the biggest challenge?
2. If you're married, what's some advice or something you wish you knew when you were single?
3. How do you handle (or how did you handle, if you're married now) the balancing act of trying to enjoy where you are now, but waiting for something you hope/pray will happen in the future? (If you're someone who wants to remain single, how do you handle the challenge of expectations that are placed on you?)
4. Giving yourself the gift of practice, growth, financial freedom, service—which of these would help you the most right now?